



CAMP SLOANE YMCA

GROUP PROGRAMS INFORMATION



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CAMP SLOANE YMCA
124 INDIAN MOUNTAIN ROAD
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PHONE: 860-435-2557 FAX: 860-435-2599
INFO@CAMPSLOANE.ORG

INTRODUCTION & DATES

Camp Sloane is not just summer camp! Each year our staff creates custom group programs for a variety of different schools, club and organizations. Programs include adventure-based experiences, leadership development, and recreational opportunities. With over 85 years of experience, you are sure to find exactly what you are looking for!

2024 DATES & RATES

Our facility is available for group programming during the below dates:

- Spring: May 20th – 26th
- Fall: Aug 19th – 30th

Please contact ru@campslope.org for this year's group program pricing

CUSTOMIZE YOUR EXPERIENCE

We can tailor your program to best meet your goals. Whether you're looking for a half-day, three-day or full-week experience, our staff will ensure that you are getting just what you are looking for. Groups come from all over and are consistently pleased with the cohesiveness their participants come away with.

Contact us at ru@campslope.org to see how we can suit your programming needs.



PROGRAMS

TEAMBUILDING

We have a large series of structured teambuilding activities that can be customized for any group to help achieve goals and renew strengths in a fun environment – and as a TEAM! Teambuilding activities can focus on communication, cooperation, trust, problem solving and relationship building. These dynamics are keys to a team’s success. No matter the group, we can provide a memorable experience with applicable ‘takeaways’.

Before your visit we will discuss your goals to ensure you get the most out of the experience.



HIGH ROPES

At Camp Sloane we have four high ropes elements available for groups. Our elements are spread out across camp and can therefore be used separately. This enables us to serve different groups of students at the same time and allows each group to focus on their own goals and their high ropes experience without distractions from others. Of course, our certified and highly trained staff will ensure safety and the best possible facilitation.

The **Giant Swing** (7th grade+) involves the participant being attached to a large steel cable which gets pulled up by the entire team. It’s up to the participant on the swing to determine the level of challenge based on how high they go and when they pull the rope that lets them go.





Our **Vertical Playpen** (7th grade+) is a wonderful pair-based climbing experience. Climbing teams of two will set goals and rely on their team members to help them get to the top. The ground team is charged with coaching their climbers to ensure all participants are involved in supporting their teammates. It's all about reaching the top together.

Our **50ft Climbing Tower** (all ages) & **Zip Line** (7th grade+) cannot be missed when you drive on our property. The climbing tower has six possible climbing routes and two zip lines, which allows us to accommodate larger groups and still ensure everyone is involved. You can make the climbing as challenging as you like by either using all of the grips or climbing our color-coded routes.



RECREATIONAL ACTIVITIES

Our recreational programs can either be added or combined with any teambuilding program or you can have a purely recreational visit to camp. The activities you find underneath are all possible during your stay at Camp Sloane YMCA:

- Archery
- Canoeing
- Kayaking
- Basketball
- Tennis
- Soccer
- Baseball
- Arts and crafts
- Night hikes
- Campfires
- Mountain biking
- Fishing
- Nature exploring
- Swimming



FACILITIES

Nestled in the beautiful foothills of the Berkshire Mountains in Lakeville, Connecticut, Camp Sloane YMCA is the perfect location for your outdoor experience. Our 270-acre facility is second-to-none and has direct access to Lake Wononpakook.

TENT CAMPING

The way camping should be! Since 1928 our groups and campers have lived in our canvas walled, platform tents. Each have bunks to fit up to 8 participants. Tent 'villages' are made up of 5-8 tents and are spread out across our facility. Every village has its own modern bathroom and shower facilities with hot water. In total, we can provide housing for up to 350 participants using our platform tents.



Camp Sloane YMCA provides mattresses on every bunk, and each tent has a cubby to store personal items.

Each village has a slightly different layout, with its own bathroom, fire pit, picnic tables and village games.



LODGES

The Ferguson and Wallace lodge are available for groups. Both lodges have multiple bathrooms and shower facilities and can house larger groups. The Ferguson lodge can fit up to 30 participants spread across either four- or two-person bunkrooms. The Wallace lodge can house 30 participants spread across 2 large dorm-style rooms.

THE WALLACE LODGE

- Maximum capacity: 30
- 4 Showers
- 6 Toilets
- 1 Living room



THE FERGUSON LODGE

- Maximum capacity: 30
- 4 Showers
- 4 Toilets
- 1 Living room
- 1 Kitchen



PACKING LIST

WHAT TO BRING:

- Water bottle
- Sleeping-bag and pillow
- Clothing appropriate for season (to include long pants and a sweatshirt)
- Close-toed shoes
- Extra Socks
- Rain Jacket
- Toiletries and Towel
- Sunscreen/Bug Spray
- Flashlight/headlamp
- Swimwear

WHAT NOT TO BRING:

- Cigarettes/Vapes
- Alcohol, Marijuana, or any other drugs
- Knives or firearms
- Fireworks/explosives
- Pets
- Any food items containing nuts

A NOTE ABOUT FOOD:

Any food items brought to camp must be **nut free**, and will need to be stored inside a vehicle or in a sealed container and left in our dining hall. Storing food in outdoor living areas may lead to the attraction of unwanted animal guests. (Yes, the squirrels like s'mores too!!)

Call or email us with any questions:

Phone: 860-435-2557

Email: ru@campsloane.org

EXAMPLE SCHEDULE

1-DAY SCHEDULE

- 8:45AM: Arrival at Camp Sloane YMCA and orientation from staff.
- 9:00AM: Students are split into challenge teams of 15-20
- 9:15AM: Morning program begins – Groups rotate through challenges which they need to commit to as a team and collaborate together in order to continue. The groups will rotate through these challenges in the morning and afternoon. The main focus will be on improving trust and communication in between students.
- 12:30PM: Lunch at the dining hall
- 1:15PM: Rotation activities continue in the afternoon
- 4:15PM: All group activity on athletics field
- 4:45PM: Group debrief
- 5:00PM: Depart from Camp Sloane

2-DAY SCHEDULE

DAY 1

- 11:00AM: Arrival at Camp Sloane YMCA and orientation from staff – Move into living section
- 12:30PM: Lunch in the Camp Sloane dining hall
- 01:15PM: Students are faced with a series of challenges, which they will need to commit to as a team, and collaborate in order to continue. Some of these initiatives will be at ground level, some will be 50ft in the air, and others will be all in your mind. (Includes Climbing tower, Zip Lines, Giant Swing, high ropes initiatives, and other ground level challenges).
- 04:45PM: Free time on the athletics field / Pool open
- 06:00PM: Dinner in the Camp Sloane dining hall
- 07:15PM: Camp Sloane games on the athletics field
- 08:15PM: Traditional campfire, stories and s'mores

DAY 2

- 08:00AM: Breakfast in the Camp Sloane dining hall
- 09:00AM: School / Group runs own activity
- 10:30AM: Continue high ropes activities
- 12:30PM: Lunch in the Camp Sloane dining hall
- 01:00PM: Departing Camp Sloane

GROUP POLICIES

PLEASE MAKE YOURSELF AWARE OF THESE VERY IMPORTANT POLICIES

Group Leader Responsibilities

- Camp Sloane YMCA strongly recommends that Group Leaders undertake a thorough background check of all chaperones participating in their program.
- Camp Sloane YMCA advises that all adults participating in the group program receive training on how to minimize the potential of any personnel being in a 1:1 minor/adult situation when out of sight of other people. Camp Sloane also advises chaperones and staff participating in the group program receive training on what to do should they find themselves in a 1:1 situation with a minor.

Medical Needs and First Aid

- All groups with participants under the age of 18 must secure all medications, be they over-the-counter, prescription or controlled. The Group Leader is responsible for remaining in control of all medications for the entire stay of the Group.
- Participants under the age of 18 must not bring medications of any kind on their person or in their luggage. It is the sole responsibility of the Group Leader to see that participants under the age of 18 do not bring medications to camp on their person or in their luggage.
- Beyond the above noted requirements, Groups with participants under the age of 18 may distribute medication in accordance with the Group's policy. In the case that the Group is mandated by a school, youth agency, government or other organization to distribute medications in a specified manner, it will be the sole responsibility of the Group Leader to see that this procedure is followed.

Camp Sloane's full Group Usage Policy will be sent to you with your group agreement.

Reservation Confirmation and Deposit

- A signed Group Agreement and non-refundable, non-transferable deposit equal to 33% of guaranteed attendance are required to secure a reservation.

Guaranteed Attendance

- The guaranteed attendance as stated in the Group Agreement is the minimum number of participants the group will be charged for.
- Cancellation by the group prior to 30 days of the scheduled use period will result in forfeiture of the deposit. Cancellation with less than 30 days notice will result in the user group being liable for payment equal to 50% of the guaranteed attendance.

Arrival and Registration

- Upon arrival, all groups will be given an orientation to the camp rules and emergency procedures by a Camp Sloane staff member.

Facilities, Damage & Cleaning

- The Group is expected to leave the facilities in the same condition as they were at the beginning of the usage period.
- Any breakage, graffiti, damage, misuse of equipment, theft, or excessive cleaning, found to have occurred during the Group's stay shall be invoiced to the Group.

Insurance

- The Group agrees to provide its own liability insurance for all of its participants, and the coverage will be with limits of not less than \$1,000,000. All groups will provide a certificate of insurance which lists Camp Sloane YMCA as an additional insured.

Group Leader Requirements

- The Group Leader must be at least 21 years of age and must be on-site for the duration of the Group's program.
- The Group Leader is responsible for the behavior of the Group's participants, members, and guests. Groups with participants under the age of 18 will provide adult chaperones at the ratio of at least 1 adult for every 10 participants.

Healthcare at Camp

- Camp Sloane YMCA does not provide medical personnel. Basic first aid kits are available in the dining hall and in the main office.
- All groups with participants are advised to provide an adult with both current CPR/AED and basic first-aid certifications.
- If a participant requires medical care, the Group is responsible for providing transportation to a medical facility. If a group arrives by bus, the group must provide a vehicle to be used for medical emergencies.
- All participants must complete the Camp Sloane YMCA camping waiver (see pg 11).



CAMPING WAIVER FORM



CAMP SLOANE YMCA Health History & Emergency Treatment Authorization

124 Indian Mountain Road, Lakeville, CT 06039 Tel: (860) 435-2557 www.campsloane.org

Group/School Name: _____
Participant Name: _____ Grade: _____ D.O.B _____
Address: _____ City: _____ State: _____ Zip _____
Email: _____ Phone: _____
Medical Insurance Policy No: _____
Insurance Company: _____
Name of Insured: _____

IN CASE OF EMERGENCY while at Camp Sloane YMCA, please contact:

Name: _____ Phone: _____
Address: _____ City: _____ State: _____ Zip _____
Relationship: _____

- YES NO Do you have any allergies (food, bees, insects), reactions to medications or physical limitations
- YES NO Any pre-existing injuries that might be aggravated by this event?
- YES NO Taking any medications currently?
- YES NO History of cardiac problems or cardiac medications?
- YES NO High blood pressure?
- YES NO Do you foresee any problem participating in upcoming activity due to fitness?

If you answered 'Yes' to any of the questions above, please provide details:

DIETARY REQUIREMENTS:
 YES NO Are you vegetarian/vegan (circle one)
 YES NO Dietary restrictions/food allergies?
Details: _____

I hereby grant Camp Sloane YMCA and its agents full authority to take whatever action they deem necessary regarding my health in the case of an emergency where I am not able to make the decision. I fully release Camp Sloane YMCA and its agents from any liability in connection with those decisions. I grant permission for emergency treatment by a rescue squad, private physician and/or hospital or emergency health care facility staff, under the same circumstances as above, if needed. I acknowledge that any such action will be taken in my best interest.

Signature of Participant*: _____ **Date:** _____
*If participant is under the age of 18, their parent or guardian must also sign below

Signature of Parent/Guardian: _____ **Date:** _____

INFORMED CONSENT/LIABILITY RELEASE

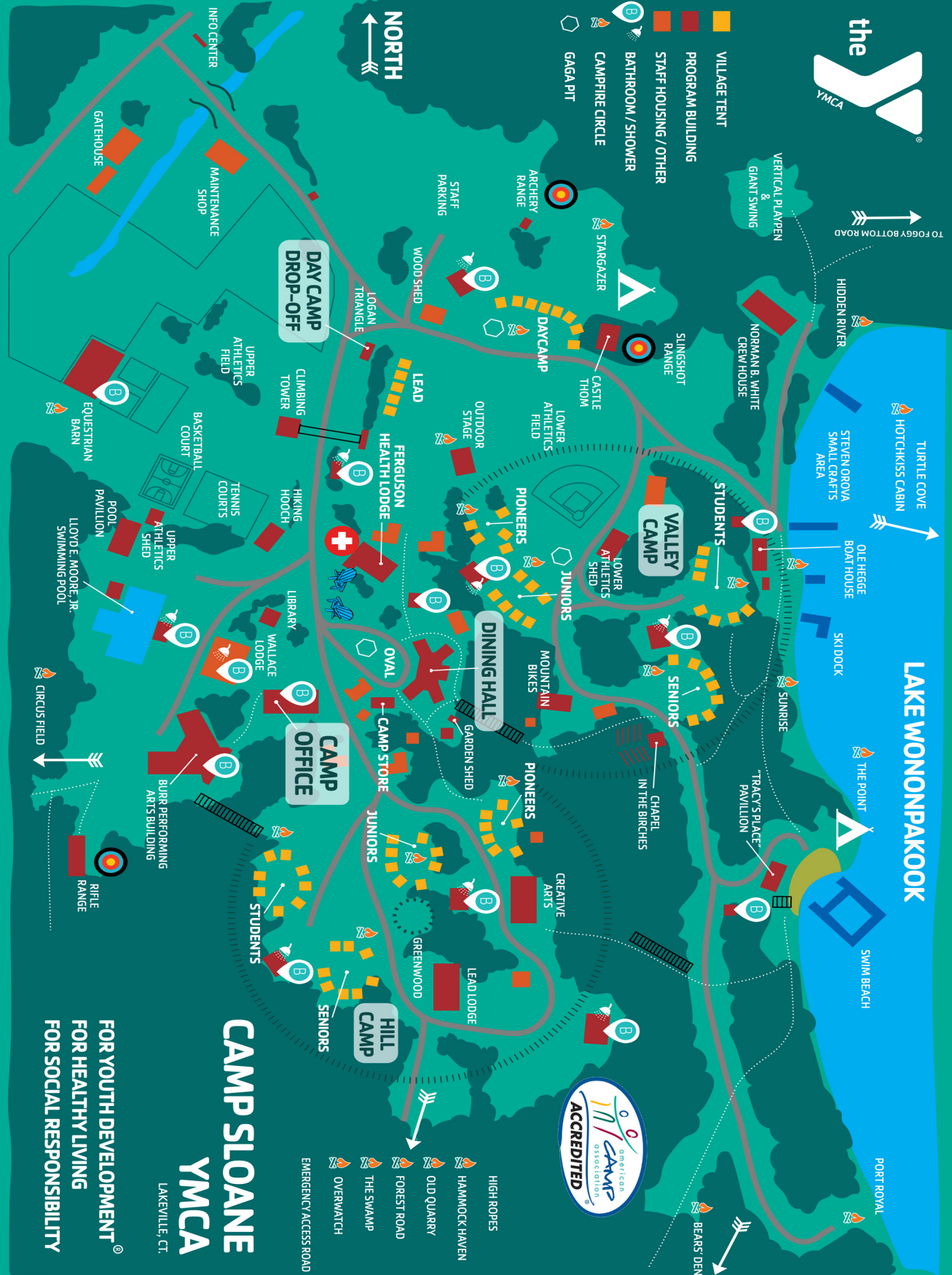
- I am aware and understand that participating in activities while at Camp Sloane YMCA involves a potential risk of physical injury. I also am aware and understand that all of the program activities are strictly voluntary and it is my choice to participate in each activity to whatever degree I deem appropriate, after due consideration of my own physical health, physical abilities and medical condition.
- I agree that I am solely responsible for my own participation and for my own physical and emotional well-being. I will not be under the influence of any chemical substance, including alcohol, while participating, The health history presented to the camp is correct to the best of my knowledge.
- I willingly and knowingly assume for myself, my heirs, family member, executors, administrators and assume all risk of physical injury and emotional upset which may occur during or after participating in any aspect of the program and to hold the YMCA, its employees, instructors, facilitators and agents harmless for any liability arising out of my participation in the program. Should the YMCA or anyone acting on their behalf be required to incur attorney's fees and costs to enforce this agreement, I agree to indemnify (to shift the responsibility for payment of damages to someone else) and hold the YMCA harmless for all such fees and cost. This release does not apply to any physical injury or emotional harm caused by negligence or willful misconduct of the YMCA, its employees, instructors, facilitators or agents.
- I authorize the YMCA to have and use photographs, and video of the person named above as needed for its records and public relations programs.
- I have had sufficient opportunity to read this entire document. I have read and understood it, and I agree to be bound by its terms.

Signature of Participant*: _____ **Date:** _____
*If participant is under the age of 18, their parent or guardian must also sign below

Signature of Parent/Guardian: _____ **Date:** _____



- VILLAGE TENT
- PROGRAM BUILDING
- STAFF HOUSING / OTHER
- ⊕ BATHROOM / SHOWER
- ⊕ CAMPFIRE CIRCLE
- ⊕ GAGA PIT



CAMP SLOANE
YMCA
 LAKEVILLE, CT.

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



- ⊕ HIGH ROBES
- ⊕ HAMMOCK HAVEN
- ⊕ OLD QUARRY
- ⊕ FOREST ROAD
- ⊕ THE SWAMP
- ⊕ OVERWATCH
- ⊕ EMERGENCY ACCESS ROAD